



IFSO 2020

IFSO VIRTUAL WORLD CONGRESS

September 12-13, 2020

www.ifsovirtualworldcongress.com



IFSO President
LILIAN KOW

Organizing Secretariat

mcm

EVENTI E CONGRESSI

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New York (NAC)
08:00 am/11:00 am

São Paulo (LAC)
09:00am/12:00 pm

Rome (EC)
02:00 pm/05:00 pm

Dubai (MENAC)
04:00 pm/ 07:00 pm

Sydney (APC)
10:00 pm/01:00 am



WELCOME LETTER

Dear Friends and Colleagues,

we have been experiencing over the last few months a really unprecedented "health crisis". The COVID-19 pandemic has challenged our model of face-to-face meetings as authorities have imposed travel restrictions and physical distancing which are currently still stringent.

While we all can't wait to meet each other again LIVE in Miami on August 3-7, 2021, our responsibility as a Federation is to reach out to all our member Societies and individual members to take all possible measures to provide the safest possible environment for themselves and their loved ones. According to this policy all our Congresses have been postponed to the next year.

Nevertheless we want to assure our Members the possibility for educational exchanges, scientific news and best practice updates.

For this reason we have decided, until we meet again in person in Miami next year, to organize an IFSO VIRTUAL WORLD CONGRESS, so as not to miss the opportunity to meet, even if only on the web, and exchange opinions on our profession.

*We are glad to invite you to join our first **IFSO VIRTUAL WORLD CONGRESS 2020** which will take place on **September 12 and 13, 2020** while continuing to take care of yourself, your family, your colleagues and those around you.*

We thank you in advance for your support in making the IFSO VIRTUAL WORLD CONGRESS 2020 a great success !

THE IFSO SCIENTIFIC ORGANIZING COMMITTEE

ABOUT IFSO

The International Federation for the Surgery of Obesity and metabolic disorders (IFSO) is a Federation composed of national associations of bariatric surgeons and Integrated Health professionals. Currently, there are 67 official member societies of IFSO. There are also individual members from countries that thus far have not formed a national association.

IFSO is a scientific organization that brings together surgeons and integrated health professionals, such as nurse, practitioners, dieticians, nutritionists, psychologists, internists and anaesthesiologists, involved in the treatment of morbidly obese patients.

One of IFSO's main goals is to support its members in aspects directly related to their profession. One of IFSO's main activities is the organization of the yearly World Congress, which provides a forum to exchange knowledge on surgical treatment of severely obese patients, to present new techniques, research and concepts, and to meet the experts in the field.

An international obesity surgery meeting was held annually in various countries throughout the world, under the leadership of Nicola Scopinaro. At the Stockholm meeting in 1995, the International Federation for the Surgery of Obesity (IFSO) was formed. The first International Congress of IFSO was held in Prague in 1996, followed by Cancun in 1997, Bruges in 1998, Salzburg in 1999 and Genoa in 2000. The first President was Nicola Scopinaro (Italy), followed by George Cowan (U.S.A) and Emanuel Hell (Austria).

VISION

"To optimize the control of adiposity-based chronic diseases."

MISSION

"To unify the global scientific, surgical and integrated health communities, for the purpose of dissemination of knowledge, collaboration and establishing universal standards of care for the treatment of individuals with adiposity-based chronic disease."

COMMITTEES

SCIENTIFIC ORGANIZING COMMITTEE

LILIAN KOW <i>IFSO President</i>	MOHAMMAD AL NAAMI <i>MENAC Representative</i>
SCOTT A. SHIKORA <i>President Elect</i>	JAIME PONCE <i>NAC Representative</i>
ALMINO RAMOS <i>Past President</i>	MIGUEL HERRERA <i>Chair Scientific Committee</i>
ABDELRAHMAN NIMERI <i>Secretary/Treasurer</i>	NATAN ZUNDEL <i>Chair Corporate Committee</i>
CUNCHUAN WANG <i>APC Representative</i>	AHMAD BASHIR <i>Chair Communication Committee</i>
GERHARD PRAGER <i>EC Representative</i>	MARY O'KANE <i>Chair I.H. Committee</i>
ESTUARDO BEHRENS <i>LAC Representative</i>	

IFSO EXECUTIVE BOARD

NICOLA SCOPINARO <i>Honorary President</i>	NICOLA DI LORENZO <i>EC Member at Large</i>
LILIAN KOW <i>President</i>	ESTUARDO BEHRENS <i>LAC President</i>
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SILVIA LEITE FARIA <i>I. H. Vice-Chair</i>	
KAZUNORI KASAMA <i>APC President</i>	
SEUNG HO CHOI <i>APC Member at Large</i>	
GERHARD PRAGER <i>EC President</i>	

NON-VOTING MEMBERS

GEORGE COWAN <i>Historian</i>
SCOTT A. SHIKORA <i>Obesity Surgery Editor in Chief</i>
NATAN ZUNDEL <i>President of the 2021 Congress</i>

REGISTRATION

Registrations will be possible only online through the website www.ifsovirtualworldcongress.com by **September 8, 2020**.

REGISTRATION FEES

Surgeons	€ 45,00
Integrated Health, Students, Residents*	€ 20,00

*Please note that a certification or proof of your status should be uploaded when registering (PDF or Jpeg file). Make sure to have it ready before going on with the registration process.

Registration will entitle to:

- Virtual badge
- Access to all scientific sessions and live debates
- Access to the exhibition area and to each single exhibitor booth
- Access to the coffee lounge area to network and chat with other participants
- Attendance certificate
- EACCME/AMA credits (released to participants who have attended the congress and who have sent the evaluation form after the Congress, only)

PAYMENT METHODS

Payments are accepted only by credit cards: Paypal, Visa, American Express or Mastercard.

BILLING

The receipt for registration will be issued with the personal details of the registered participant only after payment is received and will be sent by email.

CANCELLATION AND REFUNDS

The registration fee cannot be refunded.

SCIENTIFIC PROGRAM

SATURDAY, SEPTEMBER 12, 2020

GALAXY ROOM

ROME (EC) h. 02.00 - 03.30 pm

RATIONALE FOR METABOLIC SURGERY WORLD OBESITY IFSO-WOF JOINT SESSION

Moderators: **Lilian Kow (Australia), IFSO President**
John Wilding (UK), WOF President

Panelists: **Miguel Herrera (Mexico), Michel Suter (Switzerland)**

- h. 02.00 - 02.05 **Welcome message**
Lilian Kow, IFSO President, (Australia)
- h. 02.05 - 02.25 **Obesity and Heart Disease**
Steven Nissen (USA)
- h. 02.25 - 02.40 **Obesity and Cancer**
Raul Rosenthal (USA)
- h. 02.40 - 02.55 **Obesity and Inflammation**
Luca Busetto (Italy)
- h. 02.55 - 03.10 **Does healthy obesity really exist?**
Daniel Cuthbertson (UK)
- h. 03.10 - 03.30 DISCUSSION - Q&A

h. 03.30 - 03.45 COFFEE BREAK

SCIENTIFIC PROGRAM

SATURDAY, SEPTEMBER 12, 2020

GALAXY ROOM

ROME (EC) h. 03.45 - 05.15 pm

CONTROVERSIES OF METABOLIC SURGERY

Moderator: **Kelvin Higa (USA)**

Panelists: **Aayed Alqathani (Saudi Arabia), Barham Abu Dayyeh (USA)**

- h. 03.45 - 03.55 **Asymptomatic Gallstones**
Wendy Brown (Australia)
- h. 03.55 - 04.05 **Are you OK with placing balloons without an EGD ?**
Jerome Dargent (France)
- h. 04.05 - 04.15 **Endoscopic Metabolic Surgery, is it the Laparoscopic Surgery killer?**
Manoel Galvao Neto (Brazil)
- h. 04.15 - 04.25 **Endoscopic Metabolic Surgery will never replace Laparoscopic Surgery**
Ricardo Cohen (Brazil)
- h. 04.25 - 04.35 **Opioid-Free Surgery**
Jan Mulier (Belgium)
- h. 04.35 - 05.15 DISCUSSION - Q&A

SCIENTIFIC PROGRAM

SATURDAY, SEPTEMBER 12, 2020

SKY ROOM

ROME (EC) h. 02.00 - 03.30 pm

SLEEVES AND GERDS

Moderator: **Estuardo Behrens (Guatemala)**

Fact Checker: **Hazem Al Momami (UAE)**

Panelists: **Luigi Angrisani (Italy), Ahmad Bashir (Jordan)**

h. 02.00 - 02.10 **Is GERD a contraindication for a Sleeve?**
Michel Gagner (Canada)

h. 02.10 - 02.20 **Does Sleeves increase the risk for Barrett's?**
Gerhard Prager (Austria)

h. 02.20 - 02.30 **N-Sleeve procedure. Is the problem solved?**
David Nocca (France)

h. 02.30 - 02.40 **Conversion of a Sleeve to ...What?**
Natan Zundel (USA)

h. 02.40 - 03.30 DISCUSSION - Q&A

h. 03.30 - 03.45 COFFEE BREAK

SCIENTIFIC PROGRAM

SATURDAY, SEPTEMBER 12, 2020

SKY ROOM

ROME (EC) h. 03.45 - 05.15 pm

INTERVENTION FOR POOR WEIGHT LOSS OR WEIGHT REGAIN

Moderator: **Almino Ramos (Brazil)**

Panelists: **Khaled Gawdat (Egypt), Harry Frydenberg (Australia)**

h. 03.45 - 03.55 **An adjuvant to Surgery or for Rescue**
Rachel Batterham (UK)

h. 03.55 - 04.05 **A simple recipe for postop weight regain**
Mohit Bhandari (India)

h. 04.05 - 04.15 **Contraindications to weight loss medications**
Caroline Apovian (USA)

h. 04.15 - 04.25 **Surgical interventions**
Waleed Bukhari (Saudi Arabia)

h. 04.25 - 05.15 DISCUSSION - Q&A

SCIENTIFIC PROGRAM

SUNDAY, SEPTEMBER 13, 2020

GALAXY ROOM

ROME (EC) h. 02.00 - 03.30 pm

“VIRAL ISSUES” IN BARIATRIC SURGERY

Moderator: **Scott Shikora (USA)**

Panelists: **Jaime Ponce (USA), Cunchuan Wang (China)**

- h. 02.00 - 02.10 **Digital platforms in Bariatric Surgery: the new normal interaction**
Nelson Rodriguez (Mexico)
- h. 02.10 - 02.20 **Why IFSO accepted OAGB as a Primary Procedure**
Nasser Sakran (Israel)
- h. 02.20 - 02.30 **Why USA don't accept OAGB as Primary Procedure**
Eric DeMaria (USA)
- h. 02.30 - 02.40 **Metabolic Surgery for Encephalopathy**
Henry Buchwald (USA)
- h. 02.40 - 03.00 **SCOPINARO LECTURE COVID-19: what we have learnt**
Ashish Jha (USA)
- h. 03.00 - 03.30 DISCUSSION - Q&A

h. 03.30 - 03.45 COFFEE BREAK

SCIENTIFIC PROGRAM

SUNDAY, SEPTEMBER 13, 2020

GALAXY ROOM

ROME (EC) h. 03.45 - 05.15 pm

THE PHYSIOLOGIC BENEFITS OF WEIGHT LOSS

Moderator: **Nasreen Alfaris (Saudi Arabia)**

Panelists: **Ali Aminian (USA), Pablo Omelanczuk (Argentina)**

- h. 03.45 - 03.55 **Is medical weight loss enough weight loss?**
John Dixon (Australia)
- h. 03.55 - 04.05 **Prophylactic Surgery: is there a role?**
Jacques Himpens (Belgium)
- h. 04.05 - 04.15 **Metabolic Surgery and cancer**
Maurizio De Luca (Italy)
- h. 04.15 - 04.25 **Metabolic Surgery and heart disease**
Shanu Kothari (USA)
- h. 04.25 - 05.15 DISCUSSION - Q&A

SCIENTIFIC PROGRAM

SUNDAY, SEPTEMBER 13, 2020

SKY ROOM

ROME (EC) h. 02.00 - 03.30 pm

INTEGRATED HEALTH SESSION: KEEPING ON TRACK

Moderator: **Tracy Martinez (USA)**

Panelists: **Jumana Bashiti (Jordan), All Speakers**

- h. 02.00 - 02.03 **Introduction and Welcome**
Mary O'Kane (UK)
- h. 02.03 - 02.12 **Coaching patients to overcome barriers to exercise**
Aur lie Baillot (Canada)
- h. 02.12 - 02.21 **Effective meal planning in challenging times**
Silvia Leite Faria (Brazil)
- h. 02.21 - 02.30 **Triaging weight regain and how to manage it**
Kate Berridge (New Zealand)
- h. 02.30 - 02.39 **The importance of sleep in Obesity**
Abd Tahrani (UK)
- h. 02.39 - 02.48 **Acceptance and commitment therapy in behavioural Health**
Jason Lillis (USA)
- h. 02.48 - 02.57 **Caring for the care-giver**
Violeta Moize (Spain)
- h. 02.57 - 03.30 PANEL DISCUSSION

03.30 - 03.45 pm COFFEE BREAK

SCIENTIFIC PROGRAM

SUNDAY, SEPTEMBER 13, 2020

SKY ROOM

ROME (EC) h. 03.45 - 05.15 pm

MINIMIZING COMPLICATIONS

Moderator: **Abdelrahman Nimeri (USA)**

Panelists: **Wei Jei Lee (Taiwan, China), Mohammad Alnaami (Saudi Arabia)**

- h. 03.45 - 03.55 **Staple line reinforcement: does it matter?**
Scott Shikora (USA)
- h. 03.55 - 04.05 **Thromboprophylaxis 2020**
Christine Stier (Germany)
- h. 04.05 - 04.15 **SADI, SIPS, SASI: is the traditional DS obsolete?**
Antonio Torres (Spain)
- h. 04.15 - 04.25 **Education of patients undergoing bariatric surgery**
Lilian Kow (Australia)
- h. 04.25 - 05.15 DISCUSSION - Q&A

SATELLITE SYMPOSIA

SATURDAY, SEPTEMBER 12, 2020

GALAXY ROOM

ROME (EC) h. 05.30 - 06.15 pm

ETHICON

PART OF THE *Johnson & Johnson* FAMILY OF COMPANIES

Shaping
the future
of surgery

SATELLITE SYMPOSIUM

**LATEST EVIDENCE AND INNOVATION IN BARIATRIC
& METABOLIC SURGERY**

MODERATOR

Carel Le Roux
Ireland

SPEAKERS

Ricardo Cohen
Brazil

Carlos Schiavon
Brazil

Logan Rawlins
USA

SATELLITE SYMPOSIA

SUNDAY, SEPTEMBER 13, 2020

GALAXY ROOM

ROME (EC) h. 12.30 - 01.15 pm

Medtronic

Further, Together

SATELLITE SYMPOSIUM

**TRANSFORMING BARIATRIC PATIENT ENGAGEMENT WITH
TELEHEALTH**

MODERATOR

Gerhard Prager
*Chairman Department for Metabolic Surgery
University Hospital Vienna, Austria*

SPEAKERS

Elizabeth A. Dovec
*Bariatric Surgery & Medical Director, Comprehensive Obesity Management Program
Greater Baltimore Medical Center, United States*

Ronald Liem
*Head of Department of Surgery
Groene Hart Hospital, The Netherlands*

Mirko Otto
*Head of Bariatric Surgery
UMM Mannheim Hospital, Germany*



IFSO 2020
IFSO VIRTUAL WORLD CONGRESS

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